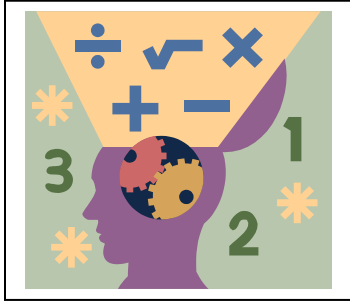




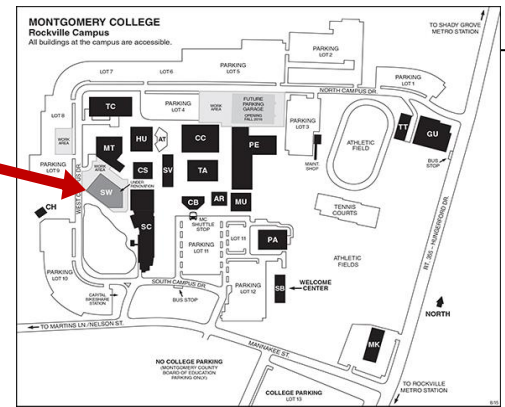
LEARNING HOW TO MANAGE TEST ANXIETY WORKSHOP



- ☆ Do you always get nervous before tests?
- ☆ Learn how to be better prepared
- ☆ Improve your performance on tests
- ☆ Increase your chances of success!

Pre-midterm workshop:
When: Wednesday, February 27
Time: 1-3 PM
Where: Science West 302

Pre-final exam workshop:
When: Wednesday, April 24
Time: 1-3 PM
Where: Science West 302



Sponsored by: Montgomery College, Rockville Counseling
Mannakee Building, Suite 220 (240) 567-5063
<http://www.montgomerycollege.edu/Departments/studevrv>

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